



*A Practical Guide-Book to
Sex and Marriage*

A MARRIAGE MANUAL

by Drs. Hannah & Abraham Stone

This book is written in the form of a long question-and-answer session, reported in clear, non-technical language, between a couple about to be married and their physician.

A
M.P.L.
EDITION

A Marriage Manual

A PRACTICAL GUIDEBOOK
TO SEX AND MARRIAGE

by

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Suggestions for Marital Success:

- ONE. Know thyself
- TWO. Cherish your mate
- THREE. When you marry, make a unit of yourself
- FOUR. Acquire the art of physical love
- FIVE. Prepare yourself for parenthood
- SIX. Plan your family wisely
- SEVEN. Have tolerance in your marriage
- EIGHT. Nurture your marriage
- NINE. When necessary, seek competent counsel
- TEN. Follow the golden rule. Do unto your mate as you would have your mate do unto you. Be aware of each other's feelings, and sensitive to each other's needs. Forgive as you would be forgiven. Avoid domination or condemnation, disrespect or disloyalty, as you would have your mate avoid these toward you. This is a basic rule for all human relations, and if you adopt it also as a basic rule in your marriage relation, your marriage will have an excellent chance of success.



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