

THE COMPLETE BOOK OF

# FAMILY HOMEOPATHIC MEDICINE

Remedies for everyday  
ailments and injuries



 ORIENT PAPERBACKS

DR. M.B. PANOS, M.D.  
JANE HEIMLICH

The Complete Book of  
**Family**  
**Homeopathic**  
**Medicine**

Maesimund B. Panos, M.D.  
Jane Heimlich



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# FAMILY HOMEOPATHIC MEDICINE

The benefits of homeopathy are being widely recognized the world over. A thoroughly proven scientific system of medicine, homeopathy uses drugs that are easy to prescribe and use, non-toxic, non-habit-forming, without any adverse effects, and available at low prices. This book is a comprehensive and a practical guide to self-help homeopathy. The presentation and style is a major plus point of the book, which easily makes it one of the best on the subject. Clear-cut charts and instructions give readers the information they need to choose and use 28 basic remedies, plus dozens of more specialised ones. There are instructions for dosage and frequency of medication as well as proven first aid procedures to supplement the treatment. An essential and practical home-reference book for the family.

**ACCIDENTS**—including, bruises, sprains, strains, wounds, insect stings and bites, sports injuries

**EMERGENCIES**—including, bleeding, obstruction to breathing, shock, fainting, poisoning, eye injuries, fever, heat prostration, dental work, surgery

**COLDS, COUGHS, AND EARACHES, STOMACH AND BOWEL**

**PROBLEMS**—including, indigestion, nausea and vomiting, gas, constipation, diarrhea, hemorrhoids

**INFANT AILMENTS**—including, poor sleeping habits, allergies, colds, ear-aches, colic, diarrhea, vomiting, diaper rash, teething

**CHILDHOOD ILLS, FROM TODDLER TO TEENAGER**—including, poisoning, childhood diseases, warts, bed-wetting, fears and anxieties, menstruation, etc.

**COMMON FEMALE COMPLAINTS**—including, headaches, pregnancy-related problems, postpartum and menopausal symptoms

## Remedies for everyday ailments and injuries

### THE AUTHORS

**MAESIMUND B. PANOS, MD.**, belongs by heredity and marriage (both her father and husband were homeopaths) to homeopathy. She is an MD from the Ohio State College of Medicine, President of the National Center for Homeopathy, and practices general medicine in Dayton, Ohio. **JANE HEIMLICH** is associated with several magazines and has dozens of articles on a variety of subjects to her credit.

"Finally, a sensible, substantial book about homeopathy ... with this book you can understand the principles, order your own remedies, and test the results ... Definitely the choice for children."

CO-EVOLUTION QUARTERLY, U.S.A.

"Those seeking an alternative to standard medical care should be interested in this guide book ... explains the principles of homeopathic treatment and outlines the contents of a home remedy kit designed to treat most routine health problems ... numerous charts simplify choice of the correct remedy."

PUBLISHERS WEEKLY, U.S.A.

"... a consumer's guide to treating minor ailments without drugs."

THE NEW YORK TIMES



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