

Living
versus
Getting on

from a survivor to a contributor

SWAMI DAYANANDA SARASWATI

Public Talk Series: 4

LIVING VERSUS GETTING ON

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ARSHA VIDYA CENTRE
RESEARCH • PUBLICATION
CHENNAI

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Get well soon.

Ushay
2/1/09

"I consider that living begins when one contributes something that will bring about more joy, more happiness, more light, and more freedom. Until then one merely drags one's life through old age and on to the grave. Just 'getting on' is not really 'living'. To live is to be a positive contributor. Something happens to a person when he or she is able to do something for someone. It is not pride. It is something natural, an inner expansion that is an indication of growth because the essential nature of a human being is fullness, wholeness. This wholeness finds expression when one is able to help others regardless of whether the recipient is known to him or her"



Swami Dayananda

ISBN: 81-903550-C-2



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