



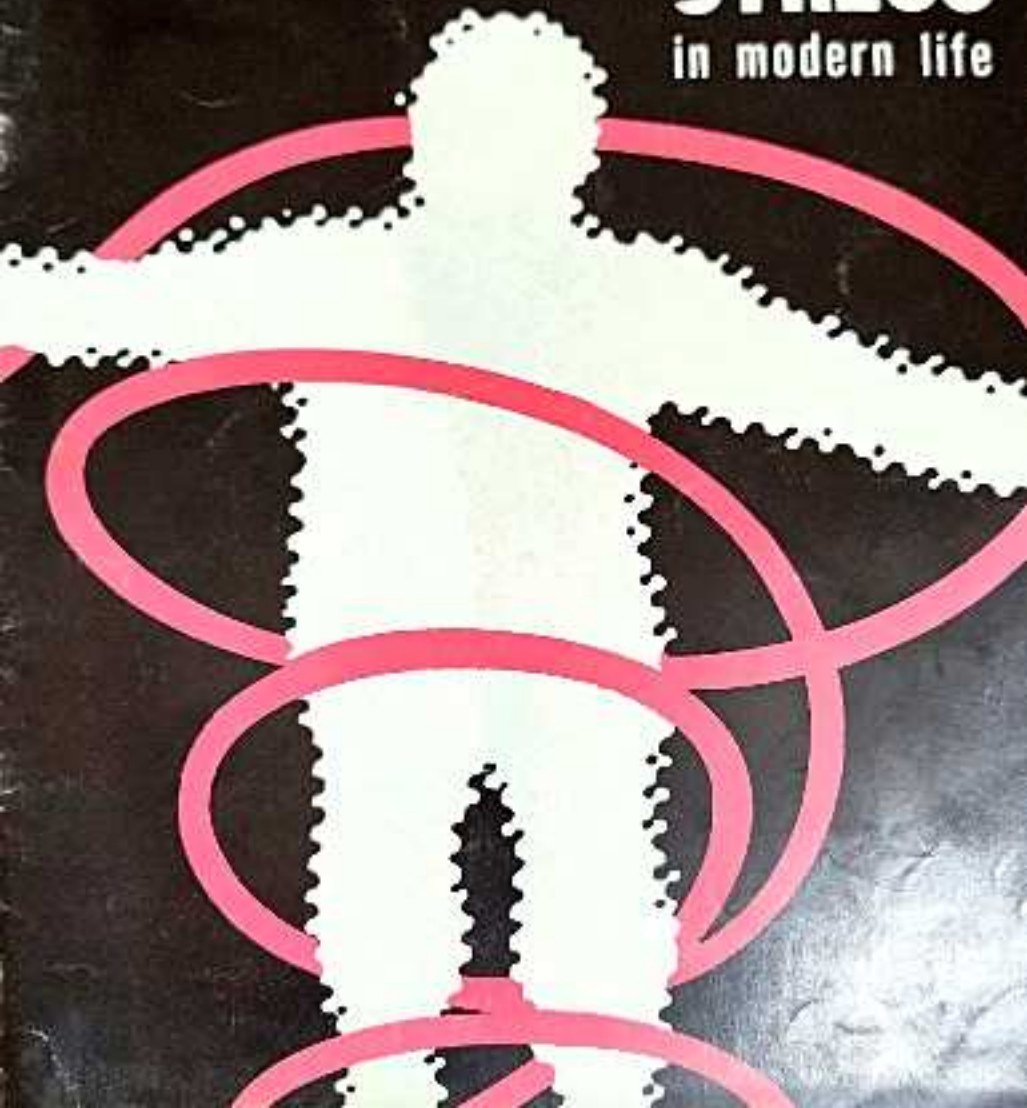
A window open on the world

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STRESS

in modern life



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Layout and Design: Robert Jacquemin

All correspondence should be addressed to the Editor-in-Chief in Paris

Page

5 STRESS

The wear and tear of modern life
By Ivan S. Khairat

10 MUSIC, DANCE AND ECSTASY

By Alain Daniélou

15 UNESCO RECORDS

16 DOOMSDAY FOR THE WORLD'S TROPICAL RAIN FORESTS ?

Unless present trends are reversed, virtually all the world's tropical rain forests will disappear before the end of the century
By Paul W. Richards

18 THE OMINOUS SOUND OF BULLDOZERS AND POWER-SAWS

Photo report

25 BULGARIA GIVES A FUTURE TO ITS PAST

A scene of ancient towns and villages find new life through a nationwide restoration campaign
By Magdalene Stanchova

33 UNESCO NEWSROOM

34 LETTERS TO THE EDITOR

2 TREASURES OF WORLD ART

International Women's Year
JAPAN: Nipponese nobleswoman



Cover

The hectic pace of modern life subjects the human organism to incessant tensions and stress that overheat and wear down its powers of resistance. What harmful effects are caused by stress? What are the limits of the body's ability to adjust to the growing pressures of everyday life? Scientists are today analyzing the nature of stress to find the answers to these and many related questions (see article page 5).

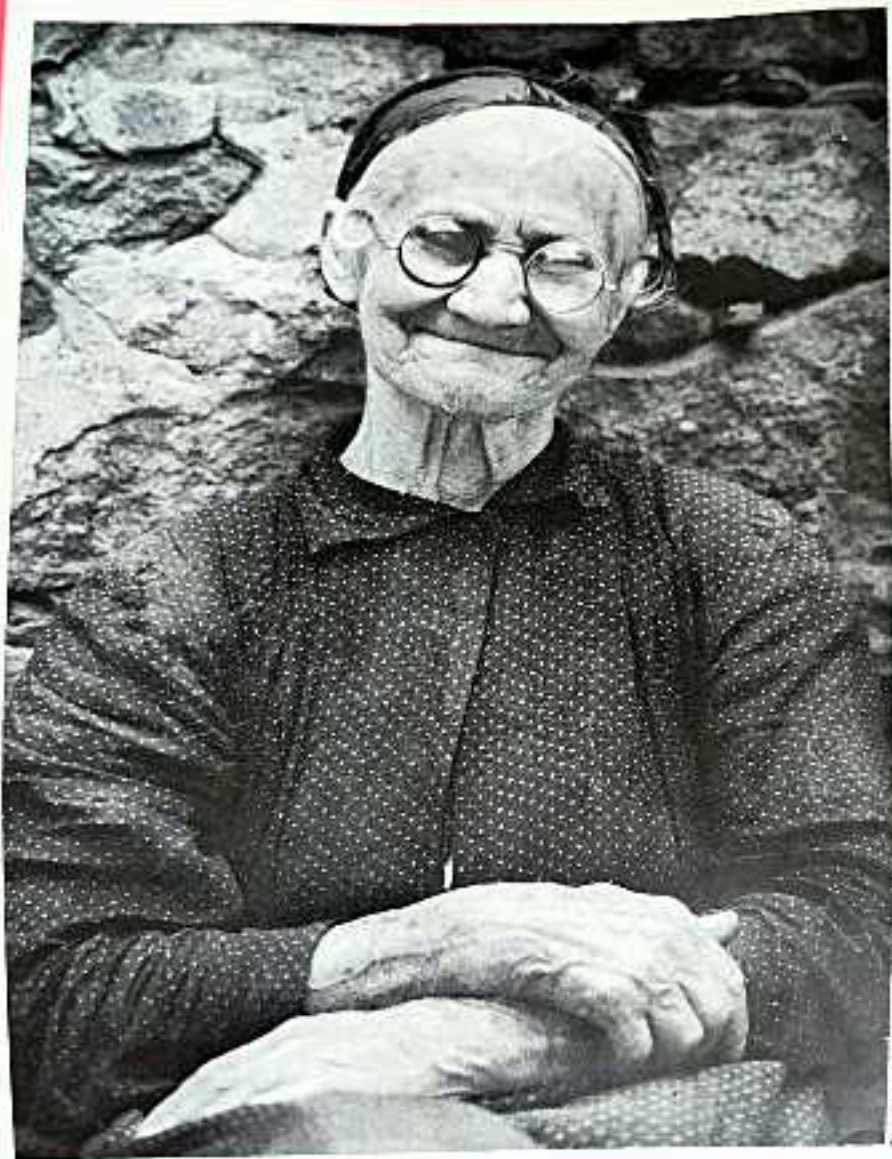


Photo: David H. Green - The Daily Chronicle

THE BULGARIA OF YESTERDAY TODAY

In Bulgaria, a nationwide restoration campaign is bringing new life to many ancient towns and villages. Treasures of architecture and craftsmanship—many which have languished since they were last seen in the open—were shown here in the old town of Plovdiv. (See article page 24.)