

A MODERN INTRODUCTION TO PSYCHOLOGY

REX AND MARGARET KNIGHT

THIS entirely new book has been written by the Professor of Psychology in the University of Aberdeen in collaboration with his wife, who is a Lecturer in the subject at the same University. It not only provides an up-to-date introduction to Psychology specially suitable for University and Training College students, but will also make a distinct appeal to the general reader. It deals with physiological psychology; with the psychology of the cognitive processes; and with dynamic psychology, including motivation, conscious and unconscious, and the conditions of mental health.

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PREFACE

THIS book is intended primarily for first-year University students, but we hope that it will also be of interest to that growing section of the general public known collectively as "the inquiring layman." In an introductory book of this kind no topic can be treated exhaustively, and our aim has been to give the student a general view of a wide stretch of country, before he sets out to explore it in detail. Aids to more specialised study are provided in the Notes on Reading at the end of each chapter.

A German professor, advising a colleague on the preparation of a thesis, is said to have counselled that *es muss etwas dunkel sein*. We have eschewed this advice as thoroughly as our capacities and the subject-matter allowed.

Our thanks are due to Dr. G. F. Hamilton and Professor R. D. Lockhart for valuable advice and assistance in connection with the text and diagrams of Chapter II; to Professor E. W. H. Cruickshank, Professor C. A. Mace and Professor F. G. Young for reading parts of the book in typescript and making many helpful suggestions; to Mr. W. Cruickshank and Mr. R. Batchelor for the preparation of Figs. 1 and 38 respectively; and to the many publishers who have given us permission to reproduce illustrations and diagrams.

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MARGARET KNIGHT.

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